

Sanderling House, Merseyside



BRAIN INJURY REHAB by
voyagecare



Sanderling House

Located in Merseyside, Sanderling House supports up to **seven people with brain injuries**, challenging behaviours and mental health needs.

Our dedicated and motivated team provide person-centred support tailored to meet your needs and aspirations.

We work with you to help you regain lost skills and achieve a **level of independence that's right for you!**

Our home offers plenty of **communal spaces** for socialising and engaging with housemates.

The **large kitchen-diner**, is perfect for practicing redeveloped cooking skills.

Our home is surrounded by a **spacious garden**. Complete with a patio area and seating, it's the ideal spot for socialising and relaxing outdoors!

We also benefit from **excellent local amenities**, convenient for visits to the park, shops or the community leisure centre.



Our approach

Our expert support team uses a **functional approach** to brain injury rehabilitation.

They'll support you to **redevelop everyday skills**, empowering you to reach your goals and achieve a level of independence that's right for you.



Your wellbeing

Our home is designed to support both your rehabilitation pathway and overall wellbeing. We benefit from:



Dedicated therapy lead, ensuring you are achieving realistic and achievable goals.



Purpose built training kitchen, adapted to support you in regaining your living skills.



Activities in the community, to support you with your confidence and independence.

We work with expert therapists who tailor therapy sessions to meet your needs and support your rehabilitation goals. Our current therapies include a **Cognitive Behaviour Therapy (CBT)**, **Speech & Language Therapy** and **Drama Therapy**.

Your needs at the centre of all we do

Whether you're just starting your rehabilitation journey, or looking to transition back into the community, our support enables you to live a more independent life.

Your choice - you're in control

We tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.

Support to live your life

We use slow stream rehabilitation to help you regain the skills you need to live more independently.

Expert professionals

Our expert support teams collaborate with qualified therapists to provide you with support that meets your needs, and helps you reach your goals.

Use of technology

Where relevant, we work with you and your therapists to identify assistive technology to enhance your support.



Our commitment to quality

We're committed to providing person-centred, high quality care and support – demonstrated by **all of our brain injury rehabilitation services rated Good or Outstanding** by the Care Quality Commission.

Our highly trained, specialist teams use an individualised approach to support. We're committed to supporting you in a way that works for you – with reliability and consistency. You can rest assured your needs are at the centre of all we do.

**Data accurate as of January 2024.*

All our
brain injury
rehabilitation
services are
rated **Good** or
Outstanding by
the **CQC!**

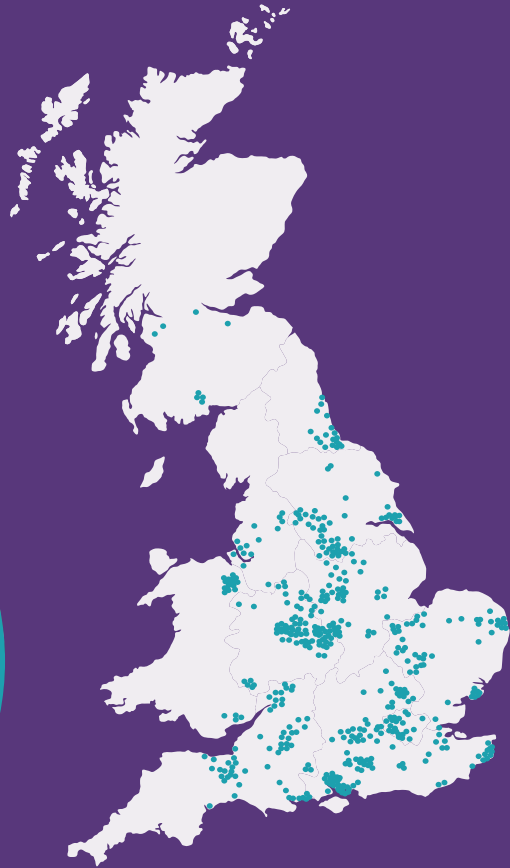
16
of our brain injury
rehabilitation
services are
accredited by
Headway



About Voyage Care




Voyage Care is a sector-leading provider of specialist care and support to 3,500+ people with learning disabilities, autism, brain injuries and complex needs.

We offer person-centred care in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.



Get in touch

Contact our friendly enquiry team to discuss how we can support you or a loved one.

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