## Woodlands, Teesside





## Woodlands

Located in Teeside, Woodlands is a **specialist brain injury rehabilitation service** offering ongoing expert support in a friendly environment.

Our two-storey home has 10 en-suite bedrooms, one selfcontained flat and **three indepenent bungalows** for those looking for more independence.

The people we support are empowered to develop their skills through a **tailored rehabilitation pathway**, supporting them to achieve their goals and live the life they choose!

Our home has a **number of communal spaces**, including a large lounge and **creative therapies rooms** - giving the people we support flexibility to socialise with others.

Our spacious garden features a **mindfulness area** where we grow plants and reconnect with nature!

We have **great transport links**, helping the people we support remain connected to their community and beyond.

We empower the people we support to **engage in activities** at home and in the local community.



## Our approach

Our expert support team uses a **functional approach** to brain injury rehabilitation.

They'll support you to redevelop everyday skills, empowering you to reach your goals and achieve a level of independence that's right for you.



## Your wellbeing

Our home is designed to support both your rehabilitation pathway and overall wellbeing. We benefit from:

- **Exercise equipment,** empowering you to maintain a healthy lifestyle or enjoy some phyisotherapy sessions.
- **Training kitchen,** providing you with an opportunity to improve your independent living skills.
- **Commuity-based activities,** so you can practice your social skills in a fun and functional way.

We work with expert therapists who tailor therapy sessions to meet your needs and support your rehabilitation goals. Our current therapies include, **Occupational Therapy**, **Physiotherapy**, **Music Therapy and Speech and Language Therapy**.

# Your needs at the centre of all we do

Whether you're just starting your rehabilitation journey, or looking to transition back into the community, our support enables you to live a more independent life.

#### Your choice - you're in control

We tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.

#### Support to live your life

We use slow stream rehabilitation to help you regain the skills you need to live more independently.

#### **Expert professionals**

Our expert support teams collaborate with qualified therapists to provide you with support that meets your needs, and helps you reach your goals.

#### **Use of technology**

Where relevant, we work with you and your therapists to identify assistive technology to enhance your support.



## Our commitment to quality

We're committed to providing person-centred, high quality care and support – demonstrated by **all of our brain injury rehabilitation services rated Good or Outstanding** by the Care Quality Commission.

**Our highly trained, specialist teams** use an individualised approach to support. We're committed to supporting you in a way that works for you – with reliability and consistency. You can rest assured your needs are at the centre of all we do.



## **About Voyage Care**

Voyage Care is a sector-leading provider of specialist care and support to 3,500+ people with learning disabilities, autism, brain injuries and complex needs.

We offer person-centred care in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.





### Get in touch

Contact our friendly enquiry team to discuss how we can support you or a loved one.



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