

Specialist brain injury support:

Tailored support pathways led by experts



Our approach

At Voyage Care, we work with multi-disciplinary teams to rehabilitate and provide **ongoing care and support** for people with brain injuries and associated complex needs.

With a focus on **improving quality of life**, we work closely with clients, and their support networks, to ensure our support is:

- ✓ Defined based on individual needs.
- ✓ Guided by individual goals.
- ✓ Embedded in local communities.
- ✓ Inclusive of family and support networks.

Our collaborative process empowers, educates, and supports people to take control of their lives and **regain their independence**.

Through **person-centred, rehabilitation pathways**, we equip people with the skills and confidence they need to live fulfilled lives and seek meaningful opportunities in the community.



Things were so dark, it felt like there was no light at the end of the tunnel. But the team at John Cabot House changed all that. They brought the light back and **gave me a second chance at life!**

Ollie - a person we support at John Cabot House





Helping people
relearn lost
skills and
live more
independently!

Slow stream rehabilitation

As part of our approach to brain injury rehabilitation, we use the **slow stream technique**. Focusing on an individual's long-term goals, this technique uses a range of therapies and functional activities to support people to relearn lost skills and **reintegrate in their local communities**. This can take 6-12 months, or longer, depending on their individual needs.

Providing active support pathways **outside a clinical setting**, we empower the people we support to set and achieve goals, and work with accredited professionals to help them fulfil their aspirations. Using a slow stream approach means we consider **social and emotional needs**, supporting people in a holistic way, so they can achieve a level of independence that's right for them.












Our therapies

From loss of mobility, to feeling isolated, we understand how someone's life can be affected after brain injury. We also know everyone's rehabilitation journey is **unique to them** and their experiences.

As part of our **slow stream approach**, we use neurological therapies, tailored to meet individual needs. Our **evidence-based therapies** are underpinned by neuroscience, delivered by expert Therapists and further implemented by our specially trained teams!

Neuro-therapy we offer includes:

-  Cognitive Behavioural Therapy (CBT)
-  Creative Therapies
-  Occupational Therapy
-  Physiotherapy
-  Psychology
-  Psychotherapy
-  Speech and Language Therapy (SALT)



Expert-led support

Our teams receive **specialist brain injury rehabilitation training**, tailored to meet the complex needs of the people we support.

We also **collaborate with external professionals** to influence the training we deliver to our teams. From their initial mandatory training when they first join us, to ongoing learning opportunities, our programmes are purposeful and aim to fulfil the needs of the people we support.

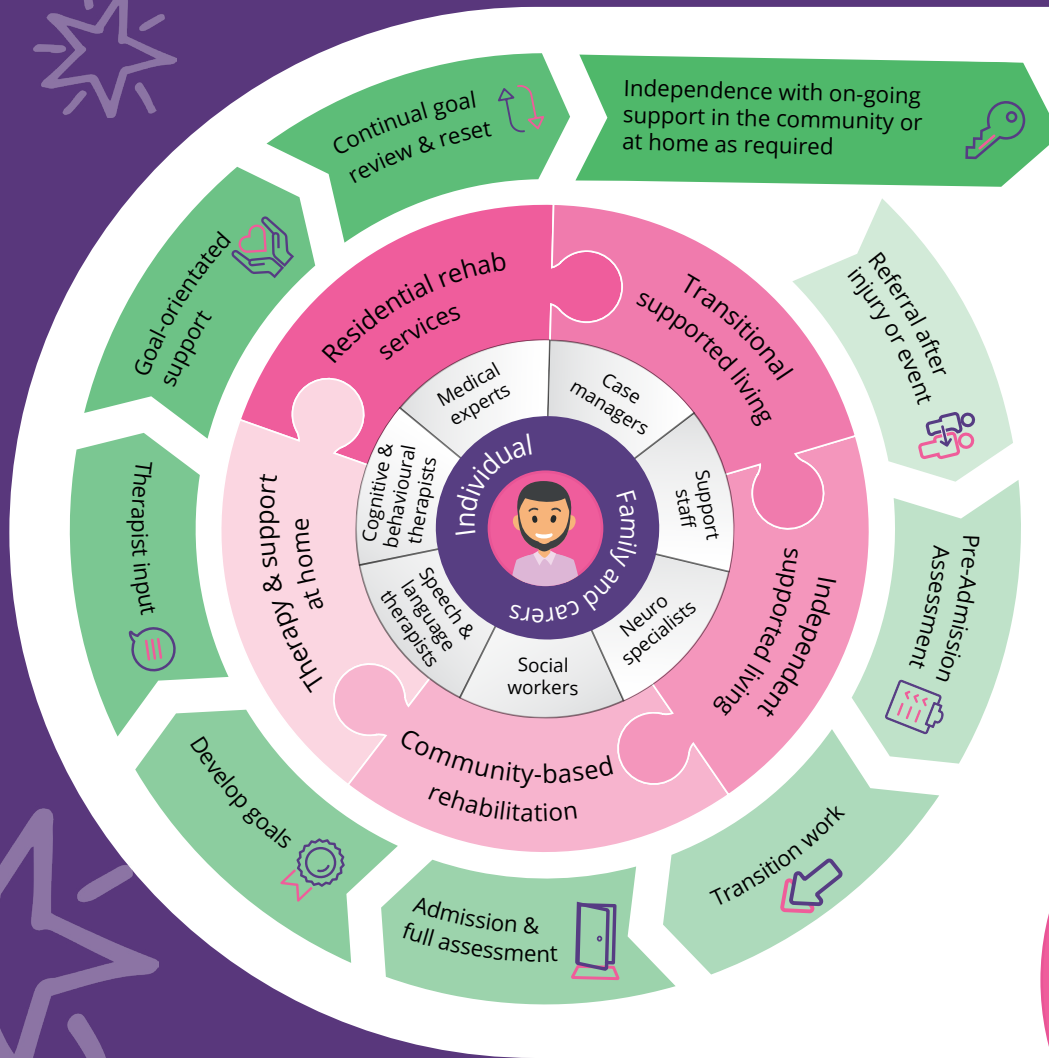
Our **expert clinicians and therapy partners** regularly deliver training seminars, offering an opportunity to gain new insights and collaborate with each other to establish better ways of working.

How we work with you

We work in partnership with you to achieve your client's goals and **support their health, emotional, and social needs**. This is achieved through **open and honest communication** and regular reporting to ensure collaborative working.

With our range of settings and **robust, specialist brain injury support processes**, you can rest assured your client will be supported to accomplish positive outcomes and achieve their goals!

Our approach



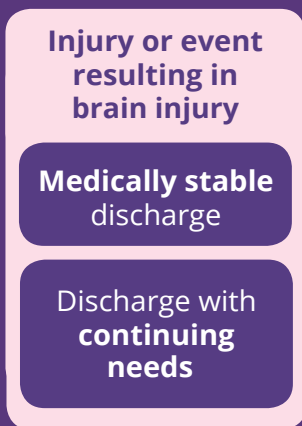
180+ places
for community
based rehabilitation

Supporting your clients

Our specialist support services are designed to be **stepping stones towards independence**, empowering people with skills and confidence to safely engage with their local community.

Using a person-centred approach, we co-create care plans that reflect **what is important to your client** and deliver positive outcomes.

Our goal is to help individuals regain lost skills and **rebuild a meaningful future**.



Quality care and support at home, in the community or in a registered setting.



Support settings



Residential rehabilitation support

Our residential services provide a **structured environment** with regular specialist neuro-therapy sessions and therapy support delivered by dedicated Therapy Leads.

Conveniently located across the UK, our specially designed services offer:

- ✓ Safe and homely environments encouraging functional rehabilitation.
- ✓ Settings to develop and practice daily living skills.
- ✓ An opportunity to build meaningful relationships with others.

We are equipped to support behavioural management and engage with expert Therapists to **monitor and improve** verbal and physical behaviours, including sexual disinhibition.

Quarterly reviews help us regularly monitor your **client's progress**, review their goals or set new ones!

We focus on supporting your client's **functional independence** and work towards helping them return home or to a less dependent setting.



Promoting independence



Most of our residential services also have a number of **transitional living flats**, designed to empower your clients to take the **next step on their journey** and live more independently. These settings allow individuals to practice their re-learned skills in a secure and safe environment.



Our fully equipped flats include:

- ✔ A kitchen, living room, and dining room.
- ✔ Bedroom and wet room.
- ✔ Safety of a residential service setting.

We complete a **12-week assessment**, to review progress and discuss transition back home or into supported living. If your client needs more time with us, we'll offer **regular reviews and package adjustments** to ensure successful outcomes.



Supported living

When someone is ready for more independence, our unique pathway can **facilitate a transition** to one of our nearby supported living settings. These offer more privacy and an opportunity to live alone while accessing specialist support from our team.

Our flexible supported living models **promote independence** and allow clients to choose the level of support they need, offering greater value for money.



In supported living, clients can continue to benefit from **sessional therapy support** with our dedicated Therapy Leads, who will continue to monitor progress and support your client to set goals.

When ready, we can support your clients to return home, or to an even more independent setting, based on their needs. We can also help your clients source bespoke housing or understand and access **Personal Budgets** as required.



Continued support in the community

Once your clients are ready to step down from residential or supported living services, they can continue to access our **community support services**. These are available in the client's own home or at one of our dedicated day centres.

Our **specialty trained support teams** can support your clients with a wide range of activities such as looking after their home or accessing activities they enjoy in the community.



We can also provide **emotional support**, empowering your clients to adjust to their new environment or pursue opportunities meaningful to them.

If required, we can provide **step up services**, through respite or emergency cover, mitigating the risk of more intensive support.





Support for complex needs



Many of the people we support also have **additional needs**. Part of our rehabilitation support includes helping your clients manage their needs through **personalised, support plans**.

Our **highly skilled teams** are trained by Clinical Nurse Managers, to deliver safe clinical support for complex needs. **Focusing on restoring quality of life**, they are trained in:

- ✓ Diabetes management
- ✓ Epilepsy
- ✓ Percutaneous endoscopic gastrostomy (PEG)
- ✓ Catheter management
- ✓ Dysphagia management
- ✓ Emergency rescue medication

We understand needs evolve and change over time. That's why our Clinical Nurse Managers continuously **assess and train** our teams in a range of interventions.

Ensuring your client's needs are managed at every stage of their rehabilitation journey means they're empowered to focus on **achieving their goals and living a fulfilled life!**



Our **robust training and competency assessment** ensures that our team are well-equipped to provide care to individuals with clinical needs. We focus on the importance of understanding the reasons behind each task. This knowledge leads to **increased safety**, higher standards of care, and a **better overall experience** for those we support.

Clare Jackson
Clinical Nurse Manager





Assistive technology & specialist equipment

Examples of assistive technology we offer include:



Epilepsy sensors to detect seizures.



Environmental controls, helping to turn lights on/off or open/close curtains.



Sensors on beds or chairs with alert for support.



Specialist equipment, ceiling tracking hoists and Hydro-therapy.



Dedicated training kitchens, specialist SALT equipment and communication aids.

Our services

- ♥ **Agricola House**, Bury, Greater Manchester
- ♥ **Carville Road**, Wallsend, Newcastle Upon Tyne
- ♥ **Cedar Road**, Dudley, West Midlands
- ♥ **Cleadon Court**, South Shields, Tyne and Wear
- ♥ **Devonshire House**, Ardwick, Manchester
- ♥ **Glasshouse Hill**, Codnor, Derbyshire
- ♥ **John Cabot House**, Bristol, Somerset
- ♥ **Knot House**, Ellesmere Port, Cheshire
Coming soon!
- ♥ **Linnet Mews**, Clowne, Derbyshire
- ♥ **London Road**, Gloucester, Gloucestershire
- ♥ **Lorenzo Drive**, Liverpool, Cheshire
- ♥ **Lorenzo Drive Flats**, Liverpool, Cheshire
Coming soon!
- ♥ **Maerers House**, Widnes, Cheshire
- ♥ **Markham House**, Bolsover, Chesterfield
- ♥ **Marnar House**, Nuneaton, Warwickshire
- ♥ **Rugeley Road**, Chase Terrace, Staffordshire
- ♥ **Sanderling House**, Formby, Merseyside
- ♥ **Summerfield Court**, Leeds, West Yorkshire
- ♥ **Theoc House**, Tewkesbury, Gloucestershire
- ♥ **Walker Lodge**, Liverpool, Merseyside
- ♥ **Willowbrook**, Leicester, Leicestershire
- ♥ **Woodlands**, Middlesbrough, North Yorkshire

Our **specialist brain injury services** provide over 180 places for community-based brain injury support. We're committed to developing services that are of a high-quality and based on best practice approaches, demonstrated by our **partnership with Headway**, the UK's leading brain injury association!

Accredited by



the brain injury association



Our specialist team



Oversight and development



Michael Chawatama
BIR Director



Alan Marshall
Director of New Development



Vicki Bennett
Operations Director

Placements Managers



Louise Houghton
BIR Placements Manager



David Bruin
BIR Placements Manager

Operational Team



Kim Kauldhar
Operations Manager



Carly Demsey
Operations Manager



Leanne Denison
Operations Manager



Nicolette Spear
Operations Manager



Rachel Hughes
Regional Service Manager



Clare Jackson
Clinical Nurse Manager



Peter Kemp
Regional Operations
Support Manager



Rachel Hunt
Therapy Lead



Alyssa Hancock
Therapy Lead



Peter Riley
Therapy Lead



Louise Reader
Therapy Lead



Sarah Burns
Therapy Lead



Sarah Leahy
Therapy Lead

**Our
therapy
team**



Lesley Moore
Therapy Lead



Kayley Sharp - Therapy Manager



Sophie Brown
Therapy Lead



Kyle Fenwick
Therapy Lead



Victoria Hammonds
Therapy Lead



Anouska Thornton
Therapy Lead



Jessica Thomas
Therapy Lead



Matthew Howell
Therapy Lead



Rhiannon Woodham
Therapy Lead

About Voyage Care

Voyage Care is a sector-leading provider of specialist care and support to **3,500+ people** with learning disabilities, autism, brain injuries and other complex needs.

We're committed to providing person-centred, high quality care and support – demonstrated by **all of our brain injury rehabilitation services rated Good or Outstanding*** by the Care Quality Commission.



Start your journey with us today

To find out more about our brain injury rehabilitation services or to discuss how we can support your clients, contact our friendly team on the details below.

-  **0800 035 3776**
-  **referrals@voyagecare.com**
-  **www.voyagecare.com/care-and-support/brain-injury**



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to learn more!



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